
Ellen Schnelle, BSW

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Summary

Current MSW student graduating in May. Experience in individualized counseling, forensic social work, and school social work.

EXPERIENCE

West Middle School, Columbia Public Schools, Columbia, MO

Outreach Counselor (MSW Practicum) - January 2022- Present

- Provide brief evidence-based intervention to scholars, such as solution-focused, motivational interviewing or cognitive behavioral therapy
- Connect scholars and families to community resources
- Collaborate with interdisciplinary team to create treatment goals for clients
- Collaborate with the school's administrative team to support all scholars in achieving high standards
- Support scholars in completing treatment goals
- Participate in Problem-Solving Team to identify interventions for high-needs scholars
- Facilitate groups related to mental health, or social, emotional, and physical well-being
- Use trauma-informed care when working with scholars and families
- Engage in restorative practice when mediating scholars and/or teacher conversations
- Regularly communicate with parents, teachers, and other staff to ensure scholars needs are met
- Crisis intervention and response to daily in needs in a school setting

Integrative Behavioral Health Clinic, Columbia, MO

Student Clinician/Social work Intern - July 2021- December 2021

- Provide individualized counseling services to clients weekly
- Complete Biophysical-psycho-social-spiritual Assessments
- Work closely with clients to create treatment plans
- Diagnose clients by DSM V criteria
- Complete weekly SOAP notes
- Engage in supervision with a LCSW
- Utilize evidence-based interventions in a learning environment using a trauma-informed perspective

Fulton State Hospital

BSW Practicum Student - August 2020-December 2020

- Completed Annual Social Services Assessments.
- Completed individual client interviews.
- Participated in client case management duties.
- Worked on client monthly behavior notes.
- Participated in Dialectical Behavior Therapy skills groups.
- Observed individualized Dialectical Behavior Therapy sessions.
- Observed Sex Offender Strategies groups.
- Completed group notes and documented said notes in MetaCare database.
- Participated in a Certified Dialectical Behavior Therapy Training.
- Interacted with clients daily and worked to build a therapeutic relationship.

ARC Recreation and Activity Center, Columbia, MO

Front Desk Attendant - August 2019-December 2020

- Engage with patrons and provide information about facilities, entertainment options, and rules and regulations.
- Sell and renew memberships.
- Monitor activities to ensure adherence to rules and safety procedures, or arrange for the removal of unruly patrons.
- Typical reception duties.

Granny's House Volunteer, Columbia, MO

Volunteer - August 2016-December 2016

- Provided childcare for children with generally low-income backgrounds, and children that lived in Columbia Public Housing.
- Assisted children with homework assignments.
- Carefully monitored children's play activities.
- Served as a mentor.
- Helped prepare snacks and drinks.

Immanuel Lutheran Preschool, Lockwood, MO

Childcare Provider - May 2017-January 2019

- Organized circle time, free play, outside play and learning and developmental activities.
- Communicated with children's parents and guardians about daily activities and behaviors.
- Carefully monitored children's play activities.

Legacy Farm and Lawn, Lockwood, MO

Receptionist - May 2014-August 2016

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- Directed clients to appropriate personnel to address concerns, resolved complaints or answered account-related questions.
 - Answered and directed incoming calls using a multi-line telephone system.
 - Greeted visitors, assessed needs and directed to appropriate personnel.

INVOLVEMENT

Mizzou for Malawi

President - May 2018-May 2020, Member since January 2017

- Oversaw organization of 30+ students that funded a free primary school for over 300 children, including a home for over 150 orphans, in Salima, Malawi.
- Coordinated donations and fundraising activities with local businesses and community members.
- Communicated with alumni and non-profit organizers.
- Participated in the Malawi 100, 100 kilometer bike ride across Malawi in order to raise \$100,000 to build a secondary school.

University of Missouri Panhellenic Association

Panhellenic Counselor - March 2018-August 2018

- Chosen as one of 76 women responsible for over 1,200 young women during the University of Missouri Panhellenic Association's Primary Recruitment process.
- Advocated for Potential New Members' best interests and offered guidance, support, information, and organization throughout the weeklong process.

Mizzou Alternative Breaks

Site Leader - March 2017-January 2018, Participant - October 2016-January 2017

- Planned detailed service trip to Washington, D.C., with a focus on homelessness and poverty.
- Worked with a Co-Site leader to secure a service site, housing and raise money to fund the trip.
- Educated participants on the details of the trip, as well as addressing the principles of MAB which are- Serve, Don't Help; Communicate Love; This Is It; Unplug; Be Gumby; Poco A Poco; and Bring It Home.
- Maintained responsibility for ten other Mizzou students on a 10 day service trip.
- Acted as a participant on a trip to Orlando, FL and served at an adult day facility for folks with Intellectual Disabilities; working on skills, playing games, and interacting with clients.

EDUCATION

- Bachelor of Social Work, Multicultural certificate
University of Missouri- Columbia | Columbia, MO
 - Major: Social Work Minor: Political Science

AWARDS

- Magna Cum Laude Graduate
- Health Resources and Services Administration (HRSA) Behavioral Health Workforce Education and Training (BHWET) grant recipient- 2021

Cover letter

To whom it may concern,

I am a second year MSW student at the University of Missouri-Columbia on the clinical track. I received my BSW from “Mizzou,” in 2020. I have appreciated the opportunities I have had throughout my years in Columbia. I have gained a deep love for the Columbia community and the resources it provides. I look forward to working with agencies outside of Columbia and communities outside of this one. I hope to increase my skill set, and bring a new perspective to whatever setting I may work in.

I have historically worked with the adult population throughout my time in the social work field, specifically justice-involved individuals and those with intellectual abilities, as well as performing individualized psychotherapy for adults in Columbia who do not have access to or the means for formal individualized counseling. I am currently working in a school setting with an adolescent population (ages 11-14). I have gained skills in completing social assessments, performing case management duties, facilitating groups, practicing crisis intervention and suicide assessment; as well as increasing my capacity to connect with clients and build rapport. I have grown to be a strong advocate. I look forward to diversifying the skill set through whatever experience is next. I am interested in gaining new experiences, but would also like to increase my knowledge within the intersectionality between mental health and the criminal justice system. Thank you for your consideration and I look forward to connecting soon.

Sincerely,
Ellen Schnelle, BSW, MSW Student