CASSANDRA BEECHWOOD-HALL

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SKILLS

- Creative Problem Solving
- Oral and Written Communication
- Empathetic Understanding

- Attention to Detail
- Commitment to Cultural Competence
- Flexibility and Multi-Tasking

EXPERIENCE -

Social Services Intern, January to May 2022

The Bluffs – Columbia, MO

- Oriented residents to facility during admission and assisted with discharge planning.
- Attended daily interdisciplinary meetings and coordinated responses to client needs.
- Completed BIMS, PHQ-9, GAS, and PC-PTSD-5 screening tools with residents and reported any changes or concerns to interdisciplinary care team.
- Conducted risk assessments and safety planning with clients who reported suicidal ideation.
- Compiled client PHQ-9 data and discharge outcomes for board members.

Student Clinician, July to December 2021

Integrative Behavioral Health Clinic - Columbia, MO

- Conducted biopsychosocial-spiritual assessments with new clients to inform diagnostic case formulations and treatment recommendations.
- Collaborated with clients to create evidence-based treatment plans that are consistent with their goals.
- Completed progress (SOAP) note after each session.

Program Assistant, May 2021 to January 2022

The Oak Center for DBT & Counseling Services -Columbia, MO

- Assisted with coordinating needs of staff, clients, and billing department.
- Distributed mental health screeners to clients and recorded screener data.
- Prepared materials for adult and adolescent DBT Skills Groups.

Shelter Case Management Practicum Student, January 2021 to May 2021

True North – Columbia, MO

- Provided case management services to shelter residents, including safety planning, goal planning, resourcing, and domestic and sexual violence education.
- Attended, developed, and lead shelter support groups.

EDUCATION -

Master of Social Work: Clinical Concentration, May 2022

University of Missouri - Columbia, MO

- Graduate Certificate in Gerontological Social Work
- Completed SBI Alcohol Training Summer 2021
- Attended the 18th Annual International Human Trafficking and Social Justice Conference
- Attended Deer Oaks' Managing Challenging Behaviors in a Person-Centered Care Environment webinar

Bachelor of Science: Psychology & Human Services, May 2020

Northwest Missouri State University - Maryville, MO

- Graduated cum laude
- Member of Sigma Society
 - o Completed over 150 hours of community service between Fall 2017 and Spring 2020
- Spring 2020 internship at North Star Advocacy Center