



Informed Consent for Participation in an Action Research Study on
The effect of a Calming Corner on student behavior

Principal Investigator Michelle Rathmann

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You are invited to participate in a research study conducted by Michelle Rathmann (graduate student) under the supervision of Dr. Kevin M. Martin (Associate Professor, Department of Educator Preparation & Leadership), at the University of Missouri- St. Louis. Teacher action research is a study that is meant to improve an educator's practice and positively impact the lives of the children and families that they serve.

1. Purpose: It has been my experience that behaviors in the classroom can be disruptive and can impact/impede on student learning which is also a concern from other teachers and families. Unfortunately the significance of negative behaviors seems greater in those children with disabilities and are serviced through an IEP. This is my second year in the elementary setting. In the past and currently, I have utilized positive reinforcements or the pre teaching of learning to ask for a break when needed prior to demonstrating negative behaviors. However, all children learn differently and some interventions are not as effective for all students. The purpose of this research project is to assess whether a Calming Corner is effective and can impact student learning in the classroom. The project is also a final requirement of a Teacher Action Research Course in the Master's Degree program in Special Education from the University of Missouri-St. Louis, which I am scheduled to complete in May of this year.
2. a) Your participation will involve:

A brief 20 minutes interview to discuss your experience with utilizing self-regulation strategies and the calming corner.
- b) The amount of time involved in your participation will be a 20 minutes interview
3. There are no anticipated risks associated with this research.
4. There are no direct benefits for you participating in this study. Your participation in this study may help the researcher in helping other educators with self regulating strategies. The possible benefits to you from participating in this research are improving student's ability to independently self regulate and learn how to cope with strong feelings.

5. Your participation is voluntary and you may choose not to participate in this research study or to withdraw your consent at any time. You may choose not to answer any questions that you do not want to answer. You will NOT be penalized in any way should you choose not to participate or to withdraw.
6. I will do everything I can to protect your privacy. As part of this effort, your identity will not be revealed in the required paper for my class or in my final presentation. This study will not be published.
7. If you have any questions or concerns regarding this study, or if any problems arise, you may call me /e-mail me Michelle Rathmann (314) 488 4113 or the Faculty Advisor, kmmrd2@umsl.edu.

I have read this consent form and have been given the opportunity to ask questions. I will also be given a copy of this consent form for my records. I consent to my participation in the research described above.

Participant's Signature

Date

Participant's Printed Name

Signature of Investigator or Designee

Date

Investigator/Designee Printed Name